



## Summer Coolers!

Get your clients to chill out this summer with these cooling and soothing treatments.

With the temperatures soaring high this season, your client's skin is bound to suffer. Now's the time to come up with some cooling treatments to give her/him some relief from the scorching sun, humidity and dust, and help them enjoy this season.

*StyleSpeak* brings you some of their most sought after treatments that the country's top notch experts offer their clients to help them beat the heat.

### Seema Jerajani Mumbai

"Acne, sun tan, and pigmentation are a regular occurrence during summers. Customary clean ups are a must. Aromatherapy works well during this season and I offer that to most of my clients and customize it according to their skin type. Clients will emerge feeling totally de-stressed and energized with radiant glowing skin. Oils that are anti bacteria, anti inflammatory and are preventive and curative and retain the sebum balance should be used. I prefer using oils like **Tea Tree, German Chamomile, Sandalwood, Geranium, and Petitgrain**. I always advice my clients to change their face wash during the season and use one that prevents excess oil secretion."



### Indra Ahluwalia Chandigarh

"I offer treatments that help cure oily, acidic skin. The skin breaks out during this season and there are rashes and small boils all over the face. I give facials that hydrate the skin because skin loses a lot of moisture in this season and soothes the skin. **Chocolate Facial** retains the skin moisture and is good for the skin. **Sea Weed facials** removes Oil and the acidic elements present on the skin and cleans it. Also **Oxygen facial** is very important as it purifies the skin and it becomes receptive to most of the treatments. One should go for clean ups every 15 days and have facial every month. It is very important to keep the skin clean by regularly washing it with water, cleansing and toning it. The right amount of SPF also gives good protection to the skin."



### Anuradha C Hyderabad

"We regularly come up with seasonal treatments which are customized to cater to various skin types. During summer the skin becomes oily and tans. To fight these our **Herbal Microdermabrasion pouch** for the face works wonders. It comprises Neem, Tulsi, Turmeric, Sandalwood bark powder, Awla, Ritha, Lemon and Orange peel powder. It disinfects, exfoliates and lightens the pigmentation. The **Herbal Oatmeal Facial** is an organic peel, gentle on the sensitive skin. It is effective to help open pores, and reduce sun damage, black heads, white heads, pigmentation and freckles. Apart from that there are regular exfoliation treatments that are done with additional herbs like Tulsi, Neem, Mint and Turmeric. Also we avoid using electronic treatments because they might have adverse effect on the skin when exposed to a lot of sunlight."



### June Tomkyns Kolkatta

"We generally go for all the natural treatments during this season with no chemical elements at all because the skin should have a soothing effect during any facial or a clean up. Natural extracts of **fruits and vegetables** do wonders for the skin because they not only act like exfoliating agents but also provide natural moisture to the face. **Papaya** is a very good exfoliating agent and there are facials made exclusively from that. A facial with fruits containing Vitamin C gives a healthy look. Also the Skeyndor line of whitening facials help remove the tan and bring back the lost sheen."



### Lata Mohan Bangalore

"To combat heat and to keep the face cool we use cooling agents. **Peppermint scalp soother** is a soothing combination of peppermint pipba and olives gently massaged to cool and nourish the scalp. The **Oryza Glow Premium Facial** is an aromatic indulgence for all skin types using floral mist and alum mineral to cleanse, nourish and moisturize the skin. The Vanilla milk removes suntan and gives an instant fairness and glow to the skin. **Pineapple and Yoghurt Tan Remover** soothes sunburn, reduces tan and moisturizes body with the richness of fruit and yoghurt. We also offer regular treatments but the tan removing treatments are the most sought after ones."

